Resica Falls Scout Reservation Summer 2022 Webelos Guide





Welcome

February 2022 Calling All Adventurers! Prepare to journey into the depths of the jungle and explore a world filled with adventure, mystery, and exotic wildlife. This guide will serve as an invaluable resource as you prepare to embark on Expedition Resica! To meet your needs, we've consolidated our Webelos specific information into this guide, to focus on what you really need to have a successful stay in camp. Scouts, adult leaders, and parents alike will find within these pages key information related to advancement, camp operations, and health & safety, as well as schedules and overall program details. We are excited your have chosen Resica Falls for your summer camp home in 2022. A top-notch staff is being selected and we are working hard to create an amazing summer camp experience for all. Read each page carefully to fully understand what changes are in store for our summer, but a few highlights include: • An overhaul of our program schedule that includes

the concentration of Webelos Adventures in the morning, leaving afternoons open for den trips and other open program activities. • The introduction of online Webelos Adventures records to help streamline the advancement process. • Medical

rechecks at Resica Elementary School. • A return of many familiar aspects of the summer operation, including Gaga, Night Owl Swims, family-style dining, and a Saturday departure from camp. Use the entire guide as a reference in planning your stay in camp. Review all of our camp policies and procedures. They are based on the principles of our Scout Oath and Law and are meant to ensure that camp operates safely, effectively, and enjoyably for everyone during their stay at Resica

Falls. Whether you are a first-year camper or a seasoned veteran, we are committed to meeting your individual needs and expectations. As the world continues to change because of the ongoing COVID-19 pandemic, we are prepared to modify any plans and procedures to ensure the safety of all of our campers. Be sure to keep all information in Black Pug – our new online registration system – accurate and up to date. If you have any questions concerning your stay at Resica Falls, do not hesitate to contact us via email. You may also contact the Cradle of Liberty Council Camping Office at (610) 688-6900 or camping@colbsa.org. We are here to serve you. Thanks for your timeless dedication to Scouting, and we look forward to seeing you in camp.

Yours in Scouting,

Camp Director – Steve Mach - steve.mach@resicafalls.org Assistant Camp Director – Jerry Reed - jerry.reed@resicafalls.org Program Director – Jacob Huff - jacob.huff@resicafalls.org Assistant Program Director – Andy Connell - andy.connell@resicafalls.org



General Information

RESICA FALLS SCOUT RESERVATION

Is an official camp of the Cradle of Liberty Council, Boy Scouts of America. It is operated for the benefit of registered Scouts and Scouters in accordance with all standards of Scout Camping. Rules for acceptance and participation in the program are the same for everyone without regard to gender, race, color, creed, or national origin. Every precaution is taken to ensure the safety of all campers, and every effort is made to make their stay productive and pleasant. This camping season marks another year of development in our camp. You will find new programs and facilities and you will see many improvements and refurbishments. THE CAMP DIRECTOR MAY, FOR **VIOLATION OF CAMP POLICIES. DISMISS INDIVIDUALS FROM** CAMP.

CAMP LEADERSHIP: It is the policy of the Boy Scouts of America that at least two (2) adult leaders, both of whom must be 21 years of age or older, attend summer camp with your den. Ideally, the den leader is the best choice for camp leader; female units must have at least one female leader. **All adults coming to camp must be registered in Scouting and must** have

completed Youth Protection Training.

UNDERSTANDING: The Camp Leader is in charge of the den at all times, and is responsible for the conduct of their Scouts. Den leaders must know of Scouts who need special attention due to physical handicaps or personal problems (heart disease, excessive shyness, allergies, etc.). Scouts are expected to be in their respective campsite no later than 10:00 pm each evening and under the supervision of an adult leader. Scouts may only leave their campsite after 10:00 pm when accompanied by an adult leader. In addition, during camp-wide events, such as meals, campfires and ceremonies, Scouts are expected to be with their den and under the supervision of an adult den leader. When Scouts are in the den campsite, there should always be adult leadership present. At no time should Scouts be in the campsite of another den without permission/ invitation. **RELEASE OF CAMPERS:** To ensure the safety of all campers, the Cradle of Liberty Council, BSA has enacted the following policy. Any Scout who leaves camp prior to the normal departure time on Saturday morning with their unit will only be permitted to leave under the auspices of an adult approved by the parents of the Scout. A Camper Release Authorization form, signed by the parents of the Scout, must be on file in the Camp Office in these cases. This

form will list all adults authorized



by the parents, with whom their child may leave camp. A Scout Leader should escort the Scout to the Camp Office to sign out. If the whole unit is leaving before Saturday morning, no forms are necessary; however, please make sure your program commissioner and the camp director are aware of your early departure. LAW OF THE CAMP: Is the Scout Law. Simple yet all inclusive. DAMAGE TO CAMP PROPERTY **AND EQUIPMENT:** The den is responsible to pay for the cost of repair. Payment is due before you leave camp.

BICYCLING: Bicycles are more than welcome at Resica Falls. Helmets must be worn at all times. Bicycles should not be ridden in camp after dark. Be mindful of the speed you are traveling on your bicycle. Any reckless biking may result in prohibition of riding by your Scout for the remainder of the week.

CAMPERSHIP PROGRAM:

Campership grants are available to Scouts who are in need of financial assistance to attend summer camp. Camperships (scholarship money) are available for all currently registered CRADLE OF LIBERTY Scouts. Campership awards are applied to the \$505 camp fee. The application can be found in the document library at www.resicafalls.org. The application due date is April 1st. CAMP OFFICE: Hours of Operation Weekdays – Monday to Friday 9:00 AM to 12:30 PM 1:30 PM to 5:00 PM 7:15 PM to 9:15 PM Saturday Sunday 7:45AM to 10:00 AM 12:35 PM to 5:30 PM 7:15 PM to 9:15 PM

The Camp Office is located in Unami Lodge. The Reservation Director, Program Director, Business Office, Commissioners and Quartermaster are all also located here.

2023 SUMMER CAMP SIGN-UP: Reservations will be accepted for the 2023 summer camping season. A \$250 non-refundable deposit and a Declaration of Intent are required at the time of your reservation. CAMP PICTURES: Den photos will be taken

with a digital camera and the file will be provided to the unit. Unit photos will be taken by our photographer by appointment.

CAMPSITE INSPECTIONS: Your Program Commissioner will perform a daily campsite inspection. Inspections will be primarily aimed at checking the following: 1. Cleanliness of latrines and washstands. 2. Conditions of tents. 3. Cleanliness of grounds and trails. 4. Safety Hazards and what is being done to correct them. 5. No cars in campsite. The camp leader is responsible for the health, safety, and cleanliness of their Scouts and the campsite.



Latrine charts are required for 'passing.' Those units that 'pass' the inspection will receive special daily recognition.

CELL PHONE CHARGING

STATION: Three cell phone charging stations will be available this year. One will be located on the porch of Unami Lodge, the second will be located on the porch of the STEM Center and the third will be on the porch of the Dining Hall. Keys will be available in the Camp Office. A \$5 security deposit will be required for each locker key, and will be refunded upon return of the key to the Camp Office. The individual is responsible for providing their own charger and cable.

COVID-19 PROTOCOLS: Resica Falls is committed to running a safe and exciting camping experience for each of our campers. We will continue to monitor the ongoing COVID-19 pandemic and adjust any camp policies and procedures as needed. **DINING HALL:** Meal Times Breakfast Gold 7:30-8:00 am

Lunch Gold 12:45-1:15 pm Dinner Gold 5:30-6:10 pm Breakfast Green 8:10-8:40 am Lunch Green 1:30-2:00 pm Dinner Green 6:30-7:10 pm **DINING HALL PROCEDURES**

OVERVIEW: The Dining Hall is located in the center of camp near the parade grounds. Meal times are as listed above. Meal times and unit dining location will be assigned during your first step in the Check-in process. WAITERS: Dens will need to provide two waiters for each table assigned to the den for all meals. Waiters must report to the dining hall to begin set-up for the meal 10 minutes prior to the scheduled time. Waiters will remain in the dining hall after the meal for clean-up. Each waiter will be dismissed after clean up by the Dining Hall Manager.

WAITER REPORT TIMES: Gold Green Breakfast 7:20 am 8:00 am Dinner 5:20 pm 6:20 pm MEAL TIME PROGRAM: Many important program aspects are included during each meal. Program announcements, songs, and cheers are lead by the camp staff at mealtime. It is extremely important for leaders sitting at each table to quiet the Scouts down when the camp staff raises the Scout sign.

FOOD REQUISITIONS: Food to be cooked outside the Dining Hall for campsite meals or while on outpost MUST be ordered at least 24 hours in advance of the time you need them. Orders may be placed with the kitchen by filling out a Food Requisition Form.



If payment is required, it must be made at this time. Questions regarding this process may be directed to the Camp Office or through your Program Commissioner. **DIETARY RESTRICTIONS:** Please notify our head chef regarding any special dietary needs at least one week before your arrival to camp. This includes any food allergies. Individuals requesting special diets will be locked into that special menu for their entire stay in camp. An online form is located at: www.resicafalls.org/food-and-nutrition EQUIPMENT IN GENERAL: Your den should bring sufficient Scoutcraft equipment, cooking gear, hiking equipment, den and patrol flags, American flag, and any other equipment you might need for your program. Keep in mind that if you have Scouts participating in an overnighter, you will need to provide the tents for them to use. We have limited amounts of equipment for those who do not have what is needed.

FEE PAYMENTS: The camp office will receipt all monies for camp fees, Order of the Arrow, and guest meals. FIREWOOD: Due to the threat of invasive species and insects, units are prohibited from bringing their own firewood to camp. There is adequate downed wood on the reservation to provide for campfires. Limited split wood is also available for purchase for \$45. **FIREWORKS:** They are prohibited in camp.

FLAG CEREMONIES: Reverence for the country and respect for the flag is emphasized at Resica Falls. dens should be encouraged to attend Flag Raising at 8:05am, following Breakfast Gold. A formal Retreat Ceremony (colors) is held at 6:15pm each day for all dens. dens are encouraged to provide color guards. Important program messages will be delivered at colors.

HAZING AND INITIATIONS: Hazing and initiations violate Youth Protection Policies and do not belong in a Scout Camp. Scout leaders will see to it that all new campers are properly oriented and assisted in getting the most out of their camping experience.

HEALTH LODGE Hours of Operation: Emergencies: 24 Hour Medications: 8:45am and 7:15pm Located in Bear Lodge across from the pool. Please report all injuries and health problems. We are required to record all injuries that occur on camp property, NO MATTER HOW SMALL.

If the Health Officer is not in the Health Lodge, their location and phone number will be posted. Any individual exhibiting symptoms of COVID-19 should be brought to the Health Lodge for evaluation and/or quarantining immediately.

ICE: Ice is available for purchase at the Camp Office. Ice is only available in the Dining Hall for dens



participating in the patrol cooking option.

LATRINES: Latrines must be cleaned daily by the unit. Cleaning instructions will be posted and provided in your Welcome Packet.

LIQUID FUEL: Liquid fuel lanterns and stoves are permitted only under trained adult supervision. Fuel must be stored in a secure area on the campsite. We recommend battery lanterns. Propane lanterns and stoves may be used when underwriter approved cylinders are used. Caution: If refillable containers are used, they should be tested regularly. Units are responsible that empty containers are disposed of properly with your unit's trash.

LITTER: Please do not litter and do your good turn by helping pick up litter should you see any. Let's all work together to keep Resica Falls clean. Be sure to join us in our recycling effort.

LOST AND FOUND: Articles found should be deposited at the Camp Office. Likewise, articles lost may be inquired about at the same place. Unclaimed articles will be disposed of at the end of the week. We do not accept any responsibility for valuables lost or stolen.

MAIL: Our camp has daily mail service. Mail goes out approximately 11:00 AM and will be available for pick up at the camp office after 3:00 PM. Mail should be addressed to campers and leaders in camp as follows: Scout's Name / Den # / Campsite Name Resica Falls Scout Reservation 1200 Resica Falls Rd East Stroudsburg, PA 18302 MAINTENANCE: Tents, cots, tent platforms, and other such equipment are expensive to replace. Care for them as you would your own property. Small rips in cots and tents should be reported immediately. When camp property is damaged, a charge will be made to cover the necessary repairs or replacement. In wet weather, guy lines on all tents should be loosened. because rope and canvas shrink when wet. If rain is of long duration, continual loosening is essential. Tent flaps should be rolled inward each day, if weather permits. This allows visible control of the site, as well as airing out the tents.

OUT OF CAMP TRIPS: If a Scout or Leader is leaving camp, they must stop by the Camp Office and sign out in the Camp Register. A Scout who leaves camp prior to the normal departure time on Saturday will only be permitted to leave under the auspices of an adult proved by the parents of the Scout in writing. If a group of Scouts and Leaders are leaving camp for an off-camp trip, the unit must file a Trip Plan. Upon return, individuals should sign in at the Camp Office. All returning campers must have their temperatures taken.



PERSONAL EQUIPMENT: Your Scouts should have a list of all material and equipment they bring to camp and have them check off items as they prepare to leave camp for home. Mark items with name and den number. Parents will be happy when their Scouts return home with all their original equipment. Make sure that your Scouts do not bring along too much money or valuable items, and that all money be locked up for safe keeping. We do not accept any responsibility for valuables lost or stolen. Do not bring any valuables to the pool.

PETS: Sorry, Pennsylvania will not permit pets in camp by campers or leaders.

PROHIBITED: All forms of alcoholic beverages, illegal drugs, depressants, stimulants, and sheath knives in any form are prohibited. Violators, whether Scouts or adult leaders, will be asked to leave camp. This includes non-alcoholic beer

QUARTERMASTER: The Camp Quartermaster is located at Unami Lodge. Items necessary to clean your campsite latrine and do camp improvement projects are available at the Quartermaster. The Unit is responsible for the return of all items checked out in clean, working order. All items check out are to be returned before departing on Saturday morning. If a member of the Quartermaster staff isn't present, a member of the Office Staff will be happy to assist you. Hours of Operation:

- Sunday: 7:15 PM 7:45 PM
- Monday Friday Mornings 8:45 - 9:45 AM
- Monday Friday Evenings
 7:15 7:45 PM
- Saturday: 7:45 AM 10:00 AM

RECYCLING: Each campsite has a recycling container to collect aluminum and plastic recyclables. We ask all dens to empty these into the recycling dumpster behind the Dining Hall. Thanks for helping us recycle! **REFUND POLICY**: Special consideration regarding refunds will be given in 2022 for reasons relating to state precautions, charter organization prohibition, or major parental concerns. Review our refund policies for this and other causes on our '2022 Summer Camp Refund Request Form,' found on

www.resicafalls.org/important-docume nts.

RELIGIOUS SERVICES: We suggest that you and your Scouts fulfill your religious obligations before arriving in camp. An All-Faith Scout Vespers will be held Wednesday evening. Make sure to invite the Pastor, Priest, Rabbi or Chaplain of your institution to visit camp. We are happy to support services for any faith, as requested.



RIFLES AND ARCHERY

EQUIPMENT: Please note the following policy statement: Our camp provides all firearms and archery equipment. Individuals may NOT bring BB guns, rifles, shotguns, or archery equipment into camp. NO ammunition of any kind may be brought into camp. **SHOWERS:** Showers for all campers and leaders (both male and female) are located in the shower houses at the Pool and at the STEM Center. SMOKING: Leaders who smoke are reminded that SMOKING IS NOT PERMITTED IN BUILDINGS OR TENTS. Additionally, please refrain from smoking in the Program Areas. Smoking is only permitted in designated smoking areas. All cigarettes and tobacco must be disposed of properly. We ask that smoking not be done in front of Scouts. The same policy applies to electronic cigarettes, smokeless tobacco, and any form of vaping as well.

SPECIAL NEEDS: All special accommodations should be made with the Camp Director prior to arriving in camp.

TEXTING SERVICE: We offer a text message alert system where the camp administration will issue emergency alerts, weather warnings or program updates. There is no additional charge for this service, but regular texting rates do apply. Please provide the name, den number and cellphone number of any leaders you wish to receive these alerts at Sunday Check-in.

TELEPHONE/CELLPHONE: For emergency calls, a camp leader should report to the camp office. Incoming calls for Scouts and Leaders should be for emergencies only. Messages will be put in your unit mailbox. Urgent messages will be delivered to the site. Any Scout needing to make a call should have one of their camp leaders with them. **Resica Falls assumes no** responsibility for the loss, damage or misuse of cell phones including overuse, exceeding plan limits or use by unauthorized persons. No cell phones should be taken into the showerhouses under any circumstances.

TRADING POST: Located across from Unami Lodge, the Camp Trading Post offers all your summer camp needs. The Camp Trading Post is stocked with merit badge and program supplies, camp souvenirs, commonly forgotten necessities, postages stamps, and snack food items. Cash, Check, VISA, MasterCard, Discover, American Express accepted. Hours of Operation are posted. In addition, be sure to check out our online trading post at www.resicafalls.org/tradingpost



TRASH: All trash generated in the campsite must be disposed of by your Den. The Den should send two Scouts with your trash to the dumpster. The dumpsters are located behind the Dining Hall.

DEN ROSTER: Fill out completely, listing all your campers, Scout and adult, in alphabetical order, giving name, address, zip code, and telephone number. Make sure all are registered with the Boy Scouts of America. Submit your roster electronically on the official Resica Falls template one week before your arrival in camp. Our official roster template will be available on the Important Documents page of

www.resicafalls.org

UNIFORM: The full Scout uniform. correctly worn, is proper at any time, but essentially required for the evening meal, retreat, campfires, and some other evening activities. Scout shorts and t-shirts are recommended for daytime wear. Some Scouts may not have a uniform, through no fault of their own, and we must note that a uniform is not a prerequisite for attendance at camp. Shoes or some type of adequate foot gear must be worn at all times as a matter of safety, especially to prevent puncture wounds which could prohibit swimming. Water shoes (foot gear which can get wet to prevent injury while in the lake or creek) will be needed for a variety of camp activities.

Old sneakers are acceptable water shoes.

UNIT SITE CAPACITY: Each campsite has a definite size regarding camper capacity. This is done to accommodate small and large units alike. Site assignments will at the discretion of the Camp Director.

VEHICLES: No vehicles are allowed in the campsites. Arrangements must be made in advance with the Camp Director for any physical limitations. Each unit will receive 1 parking spot at the top of the hill near the Trading Post. Vehicles must be detached from any unit trailers and moved to their designated parking area. All other vehicles should be parked in the Fisherman's Parking Lot.

VISITORS: All visitors must sign in at the camp office immediately upon arrival. Visiting Scouters desiring meals at the Camp Dining Hall can be accommodated if the camp is notified 24 hours in advance. The Camp Director retains the right to prohibit visitors in camp. All visitors must sign out at the camp office when leaving. The camp will not conduct an organized camp visitors night. Your den is welcome to organize an evening in camp where you can invite parents and guests. The cost for guest meals is \$15.00.





Your First Day At Resica

RESICA ELEMENTARY SCHOOL: You are required to meet at the **Resica Elementary School as the first** step of your Check-in process. Many key aspects of Check-in will be taking place at the school. You should arrive at your assigned check-in time, and if possible, together as a unit. Please remain in your vehicles until instructed otherwise. Your Camp Leader will meet with members of the Camp Leadership Team; have all necessary paperwork ready, including 2 copies of your unit roster, and medical forms. The address of Resica Elementary School is 1 Gravel Ridge Road, East Stroudsburg, PA 18302.

MEDICAL RE-CHECK: These will also take place at the Resica Elementary School. All Scouts and Scouters remaining in camp will receive a Medical Re-Check where your medical forms will be reviewed. A lock box for in-site medication storage will be given to the camp leader at this time; medications to be stored in the Health Lodge will be collected back in camp. Once medical re-checks are complete, your unit will return to your vehicles and wait for instructions to proceed to camp.

UNLOADING POINT: Upon leaving Resica Elementary School, you will travel to camp and be greeted by your Camp Staff Guide at the

unloading point outside Unami Lodge (Camp Office). Your unit's gear will be unloaded from vehicles to be transported to your campsite. Parent drivers are encouraged to remain in their vehicles during the unloading process. All vehicles once unloaded should be moved to the appropriate parking lots, and those not staying overnight in camp should head home. **CAMPSITE INVENTORY:** Your Camp Staff Guide and one Adult Leader will, upon arriving at the Campsite, take note of the types, quantity, and condition of all Camp equipment. Please indicate any damage of this equipment at that time, since any damage found during checkout on Saturday will be charged to the Unit. If any additional tents, cots, etc. are needed, your guide will make note of this on the inspection form, and the quartermaster will be informed. **DINING HALL ORIENTATION: After** your campsite has been inspected, the unit should guickly change into bathing suits, shirts, and shoes, and proceed with the Camp Staff Guide to the Dining Hall for our Dining Hall Orientation.

SWIM TEST: Your Den should wait outside the pool area until given directions from the Aquatics Staff. There you will be given an aquatics orientation and will then take a swim test to determine your swimming classification.



Your First Day Cont.

PLEASE NOTE: To expedite the check-in process, we suggest that your Pack conduct the swim test prior to arriving at Camp. Forms are available in the document library at www.resicafalls.org. Once completed, scan and email the form to swimtest@resicafalls.org. Providing your swim test electronically is imperative in ensuring buddy tags are prepared before you arrive. **TOUR:** If this is your first time at camp, and time permits, ask your Camp Staff guide for a tour of camp

YOUR FIRST DAY SCHEDULE: TIME 12:30 - 4:40pm den Arrival at assigned times Medical **Re-Checks Unloading & Site Inspection Dining Hall Orientation** Swim Tests 5:30 - 6:10pm **Dinner** Gold 6:15pm **Campwide Retreat Ceremonies** 6:30 - 7:10pm **Dinner** Green 7:15pm Camp Leaders' Meeting at Campcraft Amphitheater 8:45pm Opening Campfire at the Richards Arena 10:00pm Taps





Health And Safety

It is the policy of the Boy Scouts of America as stated in the "Guide to Safe Scouting," the National Camp Accreditation Program/National Camp Standards, and other official publications of the BSA that these guidelines apply to all camp activities. In addition, council, local, and state standards also apply. In the midst of a global pandemic, Resica Falls is fully committed to ensuring the safety of all its campers, leaders, staff, and quests. As such, policies may change following the publication of this guide. Everyone in camp has a responsibility to protect the health and safety of everyone else. One uninformed or careless person can, in a moment, destroy the health and safety of the entire camp!

BUDDY SYSTEM: Use of the Buddy System is strongly recommended for ALL activities.

HEALTH AND MEDICAL RECORDS: All Scouts and Leaders must bring to Camp a complete BSA Annual Health and Medical Record, and must be re-checked by the Camp Health Officer. Only use of the current edition of the official BSA Annual Health and Medical Record will be accepted: this assists the Camp Health Officer in obtaining vital information, should someone require medical assistance. An AHMR is valid through the end of the 12th month from the date it was administered by your medical provider. For example, a physical administered March 3, 2021, would be valid until March 31, 2022.

HEALTH SURVEILLANCE: The unit leader must monitor the health of each Scout while at camp. Please do not let a small problem get out of hand due to lack of attention. Be on the lookout for skin irritations, ivy poison, ticks, dehydration, etc. at all times. Be alert that some Scouts change their toilet habits at camp. We must watch for changes in a Scout's physical appearance and activity level. Should any Scout or leader exhibit symptoms of COVID-19 at any time during your stay, they should report to the Health Lodge immediately for guarantining. IT IS THE RESPONSIBILITY OF THE UNIT LEADER AND THE SCOUT TO **REPORT ANY INJURIES,** ACCIDENTS, OR ILLNESS TO THE **HEALTH LODGE! MEDICAL SERVICE:** The Camp Health Lodge is prepared to handle camp illness and accidents. Emergencies will be handled at all hours, day or night, at the Camp Health Lodge. Should hospitalization be necessary, we have arrangements with local ambulance services and local hospitals. Any camper who leaves camp for medical reasons

MUST FIRST CHECK OUT AT THE CAMP OFFICE.

INSURANCE: Each council carries insurance that provides coverage for their members while participating in Scouting programs. Accident & Sickness Insurance



Health And Safety Cont.

Plans provides medical payments subject to the plan details and limits of the coverage. This plan is an excess insurance plan meaning that it will pay all the eligible expenses incurred from a covered accident or sickness not paid by any other collectible insurance or pre-paid health plan inforce for you or a dependent child(ren). If no other collectible insurance or pre-paid health plans are in effect at the time of the loss, this plan will pay all eligible covered expenses up to the plan limits. There is no deductible under this plan.

MEDICATIONS: Medications can be administered in one of two ways at Resica Falls. It is the unit's decision how they want medication to be stored and distributed. 1) Medication for your entire unit will be stored in a secure, camp-provided lock box in your own campsite. Units participating in this option must complete a Medication Storage Release Form. 2) Medication will be stored in the camp Health Lodge. An adult leader from your unit MUST accompany any Scout coming to the Camp Health Lodge for medications. All medications should be in original containers, placed in a zipper plastic bag, and labeled with the camper's name and unit. Any medications requiring refrigeration will be stored in the Health Lodge, and will be administered there. We encourage units to distribute all medications in their site





Medical Form Instructions

The following forms must be turned in for each Scout and leader upon arrival. A copy of your unit roster, submitted in advance, will remain with these forms and be returned to you before departure on Saturday. All forms are available for download from the Important Documents page of www.resicafalls.org

1. Annual Health and Medical Record (BSA Form 680-001) (Every person needs this form) • This form is required for everyone and all three parts (A, B, & C) must be completed. • Part A must have signatures with-in twelve (12) months preceding the last day of your week at Camp. • Part C -An AHMR is valid through the end of the 12th month from the date it was administered by your medical provider. For example, a physical administered March 3, 2019, would be valid until March 31, 2020. Please Note: • No one is allowed to remain at Camp without a current Annual Health and Medical Record Form. • No. physicals are done at Camp. • No swim tests will be given without a current medical form and a re-check by Camp personnel. • Only one copy for each person is required. • Photocopies, not originals, are recommended. • To speed check-in -Put in alphabetical order by last name, staple multi-page forms together.

2. Drug Administration Record Form (COL Form - Version 4/16) One copy of this form will remain with each person's AHMR at the Health Lodge, and one copy will remain with each participant's medications, whether they are stored in the campsite with the unit or in the Health Lodge.

3. Unit Medication Storage Release Form (COL Form - Version 5/13)

• This form is to be completed by only those units who will be storing and administering their units medication in their own campsites. Units that will be storing all medication at the camp Health Lodge don't need to complete this form. • The Camp Health Officer will collect this form when they provide your unit with their medication storage container.





Camp Emergency Procedures

ACCIDENTS AND INJURY: All injuries should be reported to the Camp Health Lodge. It is always a good idea to have any injury, no matter how small, checked out by the Camp Health Officer. Should hospitalization be necessary, we have agreements with local ambulance services and local hospitals. Any camper who leaves camp for medical reasons MUST FIRST CHECK OUT AT THE CAMP OFFICE MAJOR ACCIDENTS AND

EMERGENCIES: The Camp Director is to be notified immediately, or in his absence, the Assistant Camp Director or Program Director. Present all facts known. Do not make statements to any outside groups, and refer inquires from the press to the Camp Director and/or the Scout Executive.

SEVERE STORMS: In the event of a severe storm, everyone will be notified and further instructions will be provided.

ACTIVITIES DURING HIGH TEMPERATURES: 1. Adult Leaders should keep a close watch on Scouts for signs of heat exhaustion. 2. Instruct Scouts to limit or modify physical activity. Strenuous activities should not be permitted. 3. Encourage Scouts to stay in well ventilated and shady areas. 4. Encourage Scouts to drink large quantities of water. 5. Be alert for other instructions from the Camp Director. LIGHTNING AND HIGH WATER: 1. All aquatic and climbing activities will be suspended during a lightning or thunderstorm. If you are on a river trip or at the lake, return to shore and comply with the following: a) Secure canoes, boats, or other aquatic crafts. b) Seek shelter indoors or in a low area away from solitary trees, rock formations, high ridges, wire fences, telephone or electric lines or open fields. c) Complete a headcount if traveling as a group. d) Stay in place until lightning or thunder has completely passed.

 During high water periods, the Camp Director, Program Director or Ranger will notify units and suspend water activities. If your unit is on a river trip and conditions change to very fast or high water, return to shore and comply with the following: a) Secure all canoes, boats, or other aquatic crafts.
 b) Seek ground safely away from the waters' edge and high enough from any rising waters. c) Complete an accurate headcount. d) Notify camp of your location and stay put until picked up.



Camp Emergency Procedures Cont.

Lightning Safety: As written in the "Guide to Safe Scouting." • In a thunderstorm, there is no risk-free location outside. The National Weather Service recommends that when the "Thunder Roars, Go Indoors! The only completely safe action is to get inside a safe building or vehicle." When no safe building or vehicle is nearby, use the following to reduce risk. Avoid open fields, the top of a hill, or a ridge top. Spread your group out 100 feet from each other if possible. Stay away from tall, isolated trees, flag poles, totem poles, or other tall objects. If you are in a forest, stay near a lower stand of trees. Stay away from water, wet items (such as ropes), and metal objects (such as fences and poles). Water and metal are excellent conductors of electricity.

Lightning Safety Rules • Under the Program Director's discretion the Pool, Lake, Rifle Range, Archery Range, ATV Course & COPE will close at the first sound of thunder or sight of lightning. They will resume 30 minutes after the last instance of thunder or lightning. • Stay away from open doors and windows, fireplaces, radiators, stoves, metal pipes, sinks, and plug-in electrical appliances. • Don't use hair dryers, electric toothbrushes, or electric razors. • Don't take laundry off the clothesline. • Don't work on fences, telephone lines, power lines, pipelines, or structural steel fabrications.

 Don't handle flammable materials in open containers. • Don't use metal objects, such as fishing rods and golf clubs. Golfers wearing cleated shoes are particularly good lightning rods. • Stop tractor work, especially when the tractor is pulling metal equipment, and dismount. Tractors and other implements in metallic contact with the ground are often struck by lightning. • Get out of the water and off small boats. • Stay in the car if you are traveling. Automobiles offer excellent lightning protection. • When no shelter is available, avoid the highest object in the area. If only isolated trees are nearby, the best protection is to crouch in the open, keeping twice as far away from isolated trees as the trees are high. • Avoid hilltops, open spaces, wire fences, metal clothesline, exposed sheds, and electrically conducted elevated objects. • Approved lightning structures are marked around camp. They include the Shop, the Dining Hall, Bear Lodge, the Pool Showerhouses, the STEM Center, and Unami Lodge. These may be used at the discretion of the unit leaders.

FLOODING: Seek high ground and shelter, if possible, immediately. In case of a flood warning, we will keep you posted so that evacuation can take place if necessary.



Camp Emergency Procedures Cont.

LOST CAMPER: Den leaders should be aware of approximate locations of all Scouts at all times. Periodic head counts are advised. If a Scout is found missing following a search of the campsite, inform the Camp Office. If necessary, the entire camp will assemble to begin a systematic search.

LOST SWIMMER: A Buddy Check will be called. Each swimmer will sit on the edge of the pool, holding his/her buddy's hand raised up. A visual check of the bottom will be made. A count will be taken to see that the buddy tags on the buddy board agree with the actual number of swimmers in their respective swimming areas. If a tag is on the board, and the swimmer is not at the pool, a runner will be sent to his Campsite. If not found, the Lost Camper Procedure will begin. A) Capsized Boat: If a boat is capsized and no Scouts are in sight, the Lake Director will notify the Aquatics Director and Camp Director. The **Director will begin Lost Camper** Procedures as all other program areas are closed and the staff reports to waterfront for Lost Bather Search. B) Missing Boat: If a boat has not been checked in and the buddy tags are still on the board, the Aquatics Director and Camp Director will be notified immediately. The camp will begin Lost Camper Procedures.

FIRE: Follow "What To Do In Case Of Emergency" procedures.

fire, report it to the Camp Office or notify a staff member. Keep campers away from the fire area.

CHILD ABUSE: Scout leaders should keep a close watch on Scouts for signs of abuse. In the state of Pennsylvania, any youth-serving adult is considered to be a mandated reporter. If any form of child abuse is suspected, it must be reported to the state of Pennsylvania via Childline. In addition, it must be reported to the Boy Scouts of America via the Scout First Helpline (page 24). Notify the Camp Director and additional instructions given.

EMERGENCY TELEPHONE

NUMBERS: Every telephone that is capable of dialing out of Camp will have posted a printed list of local police and fire departments, hospitals, State Police, Ranger's home, Council Physician, Council Executive Personnel, and the National BSA Headquarters.

HAZARDOUS CHEMICAL SPILLS: In the event of a chemical spill, contact the Camp Director IMMEDIATELY. Close off the area around the spill. Do not attempt to clean up the spill. Wait for the Directions of the Camp Director.

OTHER: Treat any other emergency not covered with common sense, taking appropriate action, using guidelines listed above. For any contingency not covered and in question, contact the Camp Director only.



What To Do In Case Of An Emergency

DURING THE HOURS BETWEEN REVEILLE(7:00 AM) AND TAPS(10:00 PM): 1. SIGNAL: Continuous sounding of the siren. 2. UPON HEARING THE ALARM, ALL SCOUTS AND LEADERS ARE TO **REPORT TO THEIR DESIGNATED EMERGENCY ASSEMBLY** LOCATION. THE CAMP DIRECTOR **OR PROGRAM DIRECTOR WILL** TAKE A HEAD COUNT. ALL CAMPERS AND LEADERS MUST BE PRESENT OR THEIR WHEREABOUTS ACCOUNTED FOR. IN A WEATHER EMERGENCY, SUCH AN ASSEMBLY WILL BE IN THE **DINING HALL.** The following areas will call in with their accounting: Lake, ATV, Native American Village, Shop, COPE, STEM, and Archery. 3. If you are aware of an emergency, report it to the Camp Office immediately. If no one is at the Camp Office then report to the dining hall at mealtime or the staff area at night. State the exact location and nature of the emergency. **EMERGENCY PHONE NUMBERS: RESICA FALLS SCOUT RESERVATION 1200 Resica Falls** Road, East Stroudsburg, PA 18302 Camp Office

emergencies

YPT Issues (Scout First Helpline) ...1-844-SCOUTS1 (1-844-726-8871) IF THE SIREN SOUNDS AT NIGHT AFTER TAPS: 1. The Den Leader should count the Pack and send the the other Den Leader Leader to the Camp Office to report their count. Further information will be given at that time. Staff will report to the Camp Office. NOTE: Text message alerts will accompany any sounding of the emergency siren, and may serve as a substitute for such sounding if deemed appropriate by the Camp Director. During severe weather emergencies, if a reporting/response is requested, a text message response may prove to be sufficient.



What To Bring To Camp

What you bring to camp is what will keep you comfortable. You need enough changes of clothing to keep you clean. We'll have changes in weather; hot, cold, rainy! Be prepared! Here is a list of personal equipment you should bring. Check it carefully; change it if you see fit.

- Sleeping Bag or 3 Blankets
- Poncho or Raincoat
- Sneakers
- Comfortable Hiking Boots
- Complete Summer Uniforms (2)
- Warm Jacket or Sweater
- Socks
- T-Shirts o Undershorts
- Handkerchiefs
- Swim Trunks
- Extra Shirts
- Tough Long Pants
- Pajamas
- Laundry Bag

- Backpack
- Water Bottle
- Pen, Pencil, Notebook
- Ground Cloth
- Toilet Kit Containing: Soap, Deodorant, & Shampoo, Toothbrush & Paste, Comb & Brush, Towels & Washcloth, Mirror
- General Flashlight
- Scout Knife (NO SHEATH KNIVES)
- Pillow or Air Pillow
- Insect Repellent
- Personal First Aid Kit
- Medical Form signed and dated by DOCTOR AND PARENT
- Money for Trading Post
- Cook kit with: plate/cup/bowl/knife/fork/spoon
- Materials,costumes,accessories for the theme
- Water Shoes (Old Sneakers)
- Webelos Handbook





Program Highlights

Daily Instruction (Monday - Friday 9:00 am to 12:30 pm) Webelos will be traveling with their dens and working on 5 different Adventures. 2 additional Adventures will be worked on during other times throughout the week. Each afternoon will play host to various Jungle Adventures designed for the scout and their buddy, or the den.

Lunch and Clubs - Every day we will offer a different lunch club. During your club period, Scouts can choose different sporting or gaming activities to challenge each other or the staff to a friendly game.

Lunch Gold 12:45-1:15 Lunch Club Gold 1:30 - 2:00 Lunch Club Green 12:45-1:15 Lunch Green 1:30-2:00 Jungle Boogie (Wednesday - 1:30 pm) Join the Resica Falls Camp Staff and your fellow Scouts in a fun and exciting afternoon to prove yourselves as true jungle adventurers. Explore the flora and compete in various competitions to unlock the hidden mysteries of the Resica Jungle. Jungle Cryptid Night Hike (Tuesday 8:45pm) Gather back young adventurers who are not faint of heart for it is time to hike and discover creatures unknown.

Religious Services - All Faith Service-Wednesday-7:30 - 8:15 pm A Scout is Reverent. Join us for our staff-led religious services –

uniforms are appropriate. If your dens would like to coordinate a service of a particular faith, we would be happy to help you plan and run it. Hunt for the Rare Resica Orchid (Weeklong) What wonders does the Resica Orchid hold? Some say it cures disease. Some say it marks the entrance to a long lost jungle city. The truth may be stranger than myth. Scouts, or dens can follow the clues and traverse the jungle to find the rare flower before the week is out. **Expedition Board** (Weeklong) Adventurers are able to find quests on the walls of the base camp cabin. Scouts, and dens can find a expedition they wish to attempt and should they complete it, reap the rewards promised.

Campfire Night (Wednesday Night) On Wednesday night we encourage dens to plan their own campfires of skits, goofs, revelry, and fun times in their campsite. If units wish they can invite their favorite staff members to attend their campfires and share in the fun! The campfire circle is the heart of the campsite and can provide an opportunity for lifelong memories among your den.

Friday Evening Closing Ceremony (Friday - 8:45 pm) Join us as we recognize all of the winners and participants from your camp-wide activities. You won't want to miss this fun and exciting closing ceremony, which will include the slide show of Your week in camp.



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Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00	Polar Bear Swim/Reveille	Polar Bear Swim/Reveille	Polar Bear Swim/Reveille	Polar Bear Swim/Reveille	Polar Bear Swim/Reveille
7:30	Breakfast Gold	Breakfast Gold	Breakfast Gold	Breakfast Gold	Breakfast Gold
8:05	Moming Colors	Morning Colors	Morning Colors	Morning Colors	Morning Colors
8:10	Breakfast Green	Breakfast Green	Breakfast Green	Breakfast Green	Breakfast Green
9:00	Webelos Adventures, IOLS Training (10:00AM)	Webelos Adventures, Leader Specific Training	Webelos Adventures, Coffee Drinking Merit Badge, CPR Training (10:00AM)	Webelos Adventures	Webelos Adventures
12:00		Climb on Safely	Leave No Trace	Trek on Safely	
12:45	Lunch Gold and Lunch Club Green	Lunch Gold, Lunch Club Green, Leaders Appreciation Lunch		Lunch Gold and Lunch Club Green	Lunch Gold and Lunch Club Green
1:30	Lunch Green and Lunch Club Gold	Lunch Green and Lunch Club Gold	JUNGLE	Lunch Green and Lunch Club Gold	Lunch Green and Lunch Club Gold
2:15	Jungle Adventures, Home Away From Home Training, Swim & Water Rescue	Jungle Adventures, Working With Scouts With Special Needs	BOOGIE	Jugle Adventures, Napping Merit Badge	Jungle Adventures
3:30	Free Swim	Free Swim		Free Swim	Free Swim
5:30	Dinner Gold	Dinner Gold	Dinner Gold	Dinner Gold	Dinner Gold
6:15	Evening Colors	Evening Colors	Evening Colors	Evening Colors	Evening Colors
6:30	Dinner Green	Dinner Green	Dinner Green	Dinner Green	Dinner Green
7:30	Big Springs Sports	Arrow Of Light Hike and Campout, Twilight Programs	All Faith Service (7:30PM), OA Callout (8:15PM)	Twilight Program, Night Owl Swim (8:30PM)	Closing Ceremony (8:45PM)
00:6	Star Talk, Leaders' Swim & BBQ, Leaders' Dutch Oven Dessert Challenge	Star Talk (Backup), Jungle Cryptid Hike	Star Talk (Backup), Webelos WebeloS'mores Campfire		Leader Appreciation (9:30PM)
10:00	Taps	Taps	Taps	Taps	Taps